

## Useful Contacts

### Project Managers

Karen Bywater and Janice Freshwater

### Financial Administrator

Norman Arnold

### Support Workers

Laraine Webb

Carolyn Buchannan

St Mark's Clubhouse  
St Mark's Church Community Centre  
Calder Rise  
Bedford  
MK41 7UY

Tel: 01234 315460  
Fax: 01234 342613  
Email: [Clubhouse@thisischurch.com](mailto:Clubhouse@thisischurch.com)

## St Mark's Clubhouse

- ☺ Providing services and training for adults with learning disabilities who are disadvantaged in the labour market
- ☺ A place to meet friends, with meals, refreshments and activities available throughout the day.

### St Mark's Clubhouse

St Mark's Church Community Centre  
Calder Rise  
Bedford MK41 7UY  
01234 315460



A new project, financed by  
Bedfordshire County Council's/  
European Social Fund  
co-financing.



## **BACKGROUND**

St Mark's Clubhouse and drop-in is an exciting new project, financed by the European Social Fund co-financing. Open from 1st March 2005 it will welcome approximately 20 adults with learning disabilities each day.

Opening days are Monday, Wednesday and Friday from 9.00 a.m. to 3.00 p.m and operating from St Mark's Church Community Centre.

The Centre has disabled access and facilities as well as off road parking. Cooked meals, snacks and refreshments will be available at non profit making prices and participants will take part in the catering as part of their work experience.

## **AIMS AND OBJECTIVES**

The aims of the project are to:

- ◆ Deliver high quality work experience and training to adults with learning disabilities who are disadvantaged in the labour market.
- ◆ Provide a social venue to enjoy meeting friends and participate in a rewarding social experience.

## **WORK EXPERIENCE AND TRAINING**

Skilled and experienced staff will be on hand to provide guidance to beneficiaries, as well as receiving support from selected volunteers.

Comprehensive, individually tailored training packages will be offered to participants, who will be encouraged to build up their own portfolio.

Work experience will be available in catering, care, customer services and administration. Training and skills development will be provided in areas such as personal, interpersonal, organisational, independence and self advocacy. Participants will be given support and information to access other services by the provision of signposting sessions. It is anticipated that skills and confidence will be enhanced, enabling participants to move on to nationally recognised training and employment.

## **SOCIAL VENUE**

The St Mark's Clubhouse will also provide a venue where participants can enjoy a happy social experience. Equipment and activities will be on offer to develop skills as well as to be enjoyed!

## **MANAGEMENT**

Day to day management of the project is by Project Managers but overall responsibility for the project lies with the St Mark's Council. It delegates management of the project to the Church Community Centre Management Committee, which meets monthly to monitor delivery of milestones and achievements.

If you are interested in learning more about this new project, please do contact us. You will find useful names and contact details overleaf.